## West Virginia Physician Orders for Scope of Treatment (POST)

By state law, these medical orders must be followed until changed. Any section not completed indicates full treatment for that section.

### A. Cardiopulmonary Resuscitation (CPR)

- **Check One**
  - Attempt Resuscitation/CPR (CPR): Person has no pulse and is not breathing.
  - Do Not Attempt Resuscitation/DNR

When not in cardiopulmonary arrest, follow orders in B, C, and D.

### B. Medical Interventions: Person has pulse and is breathing.

- **Check One**
  - Comfort Measures: Treat with dignity and respect. Keep clean, warm, and dry.
  - Use medications by any route, positioning, wound care and other measures to relieve pain and suffering and promote comfort.
  - Use oxygen, suction and manual treatment of airway obstruction as needed for comfort.
  - Do not transfer to hospital for life-sustaining treatment.
  - Transfer only if comfort needs cannot be met in current location.
  - Treatment Plan: Maximize comfort through symptom management.

- Limited Additional Interventions: Includes care described above. Use medical treatment, IV fluids and cardiac monitoring as indicated.

- Do not use intubation or mechanical ventilation.

- Transfer to hospital if indicated. Avoid intensive care unit.


- Full Interventions: Includes care above. Use intubation, advanced airway interventions, mechanical ventilation, and cardioversion as indicated.

- Transfer to hospital if indicated. Include intensive care unit.

- Treatment Plan: Provide all medically indicated treatment including mechanical ventilation.

**Additional Orders:**

### C. Medically Administered Fluids and Nutrition: Oral fluids and nutrition must be offered as tolerated.

- **Check One**
  - No IV fluids (provide other measures to assure comfort)
  - No feeding tube
  - IV fluids for a trial period of no longer than ______
  - Feeding tube long-term

**Additional Orders:**

### D. Discussed with:

- **Check One**
  - Patient/Resident
  - Court-appointed guardian
  - Parent of Minor
  - Other: ____________________________ (Specify)

**Authorization**

- **INITIAL BOX**
  - I agree with the following statement: If I lose decision making capacity and my condition significantly deteriorates, I give permission to my MPOA representative/surrogate to make decisions and to complete a new form with my MD/DO/APRN/PA in accordance with my expressed wishes for such a condition or, if these wishes are unknown or not reasonably ascertainable, my best interests.

- Registry Opt-In

- **INITIAL BOX**
  - If you agree to have your POST form, do not resuscitate card, living will and medical power of attorney form (if completed) submitted to the WV e-Directive Registry and released to treating health care providers. REGISTRY FAX - 844-616-1415

**Signature of Patient/Resident, Parent of Minor, or Guardian/MPOA Representative/Surrogate (Mandatory) Date**

**Signature of MD/DO/APRN/PA**

**MD/DO/APRN/PA Name (Print Full Name)**

**MD/DO/APRN/PA Phone Number**

**MD/DO/APRN/PA Signature (Mandatory) Date and Time**

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e-Directive Registry FAX 844-616-1415
Patient/Resident (Parent for Minor Child) Preferences as a Guide for this POST Form

Advance Directive (Living Will or MPOA)  [NO]  [YES - Attach copy of documentation]
Organ and Tissue Document of Gift  [NO]  [YES - Attach copy of documentation]
Court-appointed Guardian  [NO]  [YES - Attach copy of documentation]
Health Care Surrogate Selection  [NO]  [YES - Attach copy of documentation]

MPOA/Surrogate/Court-appointed Guardian/Parent of Minor Contact Information
Name  
Address  
Phone  

Person Preparing Form
Signature of Person Preparing Form  
Preparer Name (Print)  
Date Prepared  

Review of this POST Form
Date of Review  
Reviewer  
MD/DO/APRN/PA Signature  
Location of Review  
Outcome of Review
[ ] No Change
[ ] FORM VOIDED, new form completed
[ ] FORM VOIDED, no new form

Review of POST Form
This form should be reviewed if there is a substantial change in patient/resident health status or patient/resident treatment preferences. According to state law, the form must be reviewed if the patient/resident is transferred from one health care setting to another. If this form is to be voided, write the word "VOID" in large letters on the front of the form. After voiding the form, a new form may be completed. If the new form is not completed, note that full treatment and resuscitation may be provided. FAX voided form and newly completed form to the Registry. Additional forms can be obtained by calling 877-209-8086 or ordered online from the WV Center for End-Of-Life Care website at www.wvendoflife.org/Request-Information.

Instructions for Submission to the WV e-Directive Registry (if Opt-In Box is initialed)
FAX a copy of BOTH sides of the POST form to the e-Directive Registry at 844-616-1415. Copy form on your copy machine and adjust the lightness/darkness to contrast depending on your machine so that the form is readable prior to FAXing to the Registry. If you have questions about submission of this POST form or other advance directive documents to the Registry, call 877-209-8086. If you are using POST forms that were printed prior to 2010 and wish to submit them to the Registry, please complete a Sign-Up Form that contains the additional demographic information needed to identify the patient/resident in the Registry. The Sign-Up Form can be downloaded at www.wvendoflife.org/e-Directive-Registry.

Form shall accompany patient/resident when transferred or discharged.

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